

In preparation for your upcoming procedure, please take note of the following:

If you are opting for GENERAL ANESTHESIA OR INTRAVENOUS SEDATION:

- Take all medications with food. There are no dietary restrictions prior to surgery.



- Arrange for an escort to accompany you to your appointment and accompany you home following surgery (*Local anesthesia has no food or water restrictions, and you may leave unescorted*). If you are under 18 years of age your escort must remain at the office during your procedure in addition to providing your transportation.



- You should take any prescribed medication (e.g.: blood pressure, heart) on schedule. **Do not take any narcotic pain medication prior to your appointment** as this could cause nausea when combined with general anesthesia.
- If you have any condition that requires pre-medication such as a heart murmur or artificial joint, **please make prior arrangements for a prescription from the doctor.**
- Do not plan any strenuous activities for **48 to 72 hours** following your procedure.
- Wear comfortable, loose fitting clothing for your appointment.

For more information [CLICK HERE](#) to visit our website.