

In preparation for your upcoming procedure, please take note of the following:

If you are opting for GENERAL ANESTHESIA OR INTRAVENOUS SEDATION:



- Do NOT eat or drink anything **6-8 hours** prior to your appointment.



- Arrange for an escort to accompany you to your appointment, stay during your procedure, and accompany you home following surgery (*Local anesthesia has no food or water restrictions, and you may leave unescorted*).



- You should take any prescribed medication (e.g.: blood pressure, heart) on schedule with a small sip of water. **Do not take any narcotic pain medication prior to your appointment** as this could cause nausea when combined with general anesthesia.
- If you have any condition that requires pre-medication such as a heart murmur or artificial joint, **please make prior arrangements for a prescription from the doctor.**
- Do not plan any strenuous activities for **48 to 72 hours** following your procedure.
- Wear comfortable, loose fitting clothing for your appointment.

For more information [CLICK HERE](#) to visit our website.